

At the **ifz**, women meet on a regular basis in order to carry out activities aimed at living together in a spirit of tolerance and equality.

We organise

- open rounds of talking,
- meetings of the member organisations and other groups,
- cultural events,
- „international women's breakfast“ on the first Saturday of every month, where women of different nationalities meet. They represent their countries and inform on their daily life, their culture, politics or rights of women. Culinary delights, music and dance round off the different events.



ifz is situated in the city center of Bonn, straight behind the Central Station. It includes an office and two seminar rooms. These rooms can be used by our members, member organisations as well as by other organisations for events, seminars and workshops.



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Welcome!

**bonn international
women's center**

www.ifzbonn.de

Who we are

The Bonn International Women's Center **-ifz-** evolved in 1999 from efforts to put into practice the goals of the Local Agenda 21. It was founded by women actively dedicated to work for the then Foreign Residents' Advisory Council (Ausländerbeirat) of the City of Bonn and the Agenda Working Group „Women One World“.

ifz supports the cause of peace and human rights and works to achieve more justice among men and women.

ifz takes an active part in information campaigns about women rights. Women are encouraged to stand up for their own interests and to commit themselves in the social field.

ifz serves as a platform for networking within the different women's activities in Bonn.

ifz is an open forum, non-partisan, non-denominational and cross-generational.

ifz is a member of the German Social Welfare Federation (Deutscher Paritätischer Wohlfahrtsverband).

ifz is a non-profit organisation. Members of **ifz** do their work on an honorary basis.

ifz is partially supported by the City of Bonn.

Become a member or support our work with a financial contribution:

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What we are

We are meeting place for national, international, multicultural exchange

Members at **ifz** are women coming from Europe, Asia, Africa and America as well as organisations dedicated to work for women, peace and refugees.

The executive committee is composed of women of different nationalities.

Women living in Bonn come from about 180 countries; each of them has her own migration story. **ifz** works for their integration while encouraging them to preserve their cultural identity. Together with German women, they are planning the Center's activities.

ifz makes it possible for migrants to participate in various bodies, such as to set up discussion groups for women speaking their mother language.

Every two years **ifz** grants the Award CLARA to a woman of Bonn as acknowledgement to her struggles to achieve our common goals.

ifz is frequently visited by international delegations of women. These visits offer opportunities for an European integration and for an international dialogue.



We inform

through lectures, courses, seminars and working groups on

- the cultural, legal and social situation of women in different countries,
- global and local relations in the fields of economics, politics and society,
- topics, such as health, Aids, war, asylum, integration and migration policy from the viewpoint of women,
- international conferences, public forums and events related to women in Bonn.
- participation in activities for peace and information campaigns.

We offer

- training courses for empowering women.
- German language and career-oriented courses for migrant women.
- consultation services, psychological and intercultural advice to individuals, groups and binational families.
- assistance for women who seek advisory services and orientation when dealing with local authorities.

